



PI LAMBDA CHI
LATINA SORORITY, INC.

PRESERVING LATINA CULTURE
EST. MARCH 5, 1994

National Board Correspondence
Regarding COVID-19

Dear Madres, Comadres, and Hermanas,

As you are aware, COVID-19, a novel coronavirus case, continues to be confirmed in the United States. Various cases have been confirmed in the states where members of Pi Lambda Chi reside.

According to Public Health agencies in each state:

Arizona: Positive - 1 | Being tested 12 (as of 3/15/2020)

Colorado: Positive - 131 | Being tested - 758 (as of 3/15/20)

Kentucky: Positive - 50 | Being tested - 254 (as of 3/15/20)

New Mexico: Positive - 17 (as of 3/15/20)

Pennsylvania: Positive - 63 | Under investigation - 446 (as of 3/16/20)

Texas: 56 reported cases (as of 3/15/20)

We are listening to the concerns and advice from health care professionals and government agencies. These restrictions are put in place until further notice, for the greater community in mind:

Chapter/Colony Business and Events:

- All chapter/colony business and events are to be conducted online utilizing tools like FaceTime, Zoom, Google Hangouts, etc.
 - Please do not hold chapter meetings at a different location solely because of campus closures.
- Any events that cannot be moved to an online platform are to be cancelled or postponed until social distancing recommendations are lifted.

Although the COVID-19 pandemic is keeping us apart physically, we can continue to offer each other support. Please check in with PLC and community members to ensure their wellbeing, and practice social distancing. While this virus is not that dangerous for most of us, it has been a source of anxiety and concern. We all have family members and close friends who could be gravely affected. So, reach out, check in, and know that we are all in this together. Please offer any help when you are able to do so. It is mandated that all members follow their university and/or Fraternity and Sorority Life guidelines and policies regarding intaking.

Per the recommendations of the CDC:

Take steps to protect yourself

- Wash your hands often with soap and water for at least 20 seconds (saying the Greek Alphabet twice or the refrain of “Como la Flor” by Selena) especially after you have been in a public place, or after blowing your nose, coughing, and/or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

CDC website link

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.htm>
[CO COVID-19 Cases](#)



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Quarantine

- If you are feeling sick, it is recommended that you self-quarantine yourself for 14 days.
- Avoid close contact with people who are ill.
- Distance yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.
- Testing for COVID-19 is eligible only with a doctor's note.

Take steps to protect others

- Stay home if you are sick, except to get medical care.
 - [COVID-19 Fact Sheet](#).
- Cover coughs and sneezes.
 - Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- If you are a healthy individual you do not need a face mask. As long as you are taking proper precautions (i.e., hand washing, sanitizing, etc.) you are fine.

Remember, while the spread of COVID-19 is a serious public health concern, the *majority* of those who contract the virus do not become seriously ill. Share the measures to prevent contracting COVID-19, and **help us spread the word, not the virus.**

We are constantly going through change and we appreciate the members of Pi Lambda Chi for being patient with us as we evaluate all possibilities to help protect not just our members, but also our interested women who look forward to being a future Golden Chi and our communities surrounding our campuses. If you have any questions, concerns, or need someone to lean on, please do not hesitate to reach out. Your safety is our first priority.

Sincerely,
Pi Lambda Chi Latina Sorority, Inc. National Board